



Full Moon Meditation- 3rd December 2017

Visualisation to Spread Cosmic Abundance with a Turtle

This beautiful guided visualization is a journey with a turtle to Bermuda Triangle to spread cosmic abundance.

Close your eyes and relax ... get really comfortable in your seat and feel the ground below your feet. Visualise big strong silvery roots growing from the bottom of your feet down into the centre of the Earth where they wind themselves around a Great Crystal sparkling so bright that it lights up the planet. The energy from the crystal moves up along your roots, through your chakra column. Pause as the energy reaches your heart ..., then pause again as it reaches your Third Eye then feel it moving upwards to reach your Stellar Gateway and up all the way to Source. Source sends down a column of divine light to enfold you. It comes down your chakra column and flows down into the planet. You are grounded deep into Mother Earth and aligned with the highest light from Source.

See Archangel Joules arrive into the room, sense her presence and energy filling the space. She enfolds you with magnificent blue/green aquamarine protective light. This energy is so strong that you feel yourself, safely and delicately, transported through time and space, into the calm and blue waters of Hawaii. The ocean is warm, pleasant and making you feel very relaxed. The water is purifying you and filling you with enthusiasm and motivation.

Dolphins approach to greet you with their joyful chatter transmitting bliss. Archangel Joules and the dolphins are now drawing your attention to a special being that is approaching. It is a huge and wise turtle peacefully paddling through the waters. You take a moment to connect ...

It invites you to sit on its back. Sense it slipping underneath you and lifting you up onto its shell. You feel a surge of joy and excitement in your heart because you know that the turtle is taking you on a special journey.

It glides down into the ocean, you feel safe and breathe easily underwater. The turtle, moving with the currents, takes you first into a glorious coral reef where coloured fish and mermaids come to greet and surround you and the turtle. You realised how much honoured and revered the turtle is in the ocean world. You take a moment admiring the beauty of this spot ... and to swim ...

Now you carry on with your journey and the turtle takes you to the Bermuda Triangle. This is a vast portal where the Great Crystal of Atlantis from the Temple of Poseidon now lies at the bottom of the Ocean. The turtle is heading towards it.

The turtle gives you permission to touch the Crystal, Lift your right hand to do so now see the crystal lighting up and sparkling and feel an electric vibration go through you. This electric surge opens and expands your fifth dimensional chakras and they become a single chakra column. Focus on your Third Eye and sense a stream of light shooting up from you to Jupiter and then to Jumbay, its ascended aspect. You are now connected with the higher aspect of this planet. From Jumbay light descends and pours back, over you, over the turtle, filling you with the cosmic abundance of Jupiter and Jumbay.

You are ready now for service work. You and the turtle now float in a leisurely way through the blue oceans spreading cosmic abundance into the waters and to all the aquatic creatures that you encounter on your journey. As you are doing this service see yourself radiating with the higher light from Jupiter and Jumbay.

When your task is completed the turtle takes you back to the warm and calm blue waters of Hawaii where once more you are being greeted by dolphin chatter. Take a moment to communicate with the turtle ... she may have a message for you. Thank her.

Sense Archangel Joules who enfolds you once again with her magnificent blue/green aquamarine protective light and transports you back into the space where you started your visualization. Take moment to thank Archangel Joules. Bring your awareness back into your body, feel your feet firmly on the ground and start moving. Open your eyes and smile knowing that your aura is now radiating cosmic abundance and that you are attracting it into your life in all its beautiful forms.

Contributed by Franziska Siragusa, Monterotondo, Italy

