



FULL MOON MEDITATION – 9th July 2017

In this beautiful visualization by *Arianna Roghi, Palombara ,Italy* St Germain's bestows upon us the precious gift of being a carrier of the Cosmic Diamond Violet Flame to serve humanity.

Create a sacred space and light a candle.

Close your eyes. Take a deep breath... take another deep breath and relax .Continue to breathe deeply and as you do so feel yourself completely relaxed....

Now gently take your awareness to below your feet. Imagine you have large and thick roots that grow from under your feet. Visualise or sense them go deep into the center of Mother Earth . Here, you enfold them around a magnificent large, white crystal . Bring this energy of Mother Earth up illuminating first your Earth Star.... and then up all your other chakras ... to higher ones.... then all the way up to God and into God's cosmic heart. God's unconditional love descends down into your higher chakras and... into your body and lights it up, illuminates it and purifies it. His love and light goes down through your feet.. to your earth star... into your roots all the way down to the heart of Mother Earth. Her heart begins to shine and Mother Earth fills with divine light and love from Source.

Call in Archangel Michael to protect you with his deep blue cloak of protection.

Invoke the Gold Ray of Christ for your complete protection.

Ask the Angels of Protection to surround and protect you with their pure white and golden light. You are totally protected.

Now call upon your guardian angel and your spiritual guides. They lovingly take you by your hand and are going to lead you to the etheric retreat of Saint Germain, over the Cathedral of Cologne , Germany ,

They walk you to a beautiful meadow illuminated by the spectacular moonlight of the full moon. As you walk you notice beautiful violet and lilac flowers shimmering in the subtle, white moonlight.. In the distance you see a beautiful White Temple surrounded by a violet aura and lit up by the moon You walk along a path lined with violet crystals that light up as you move forward sense the extremely intense beautiful energy and take a moment to bathe in it....

You continue to walk towards the temple and as you reach there you see steps made of violet crystals. As you reach the last step a Master dressed in white waiting is waiting to welcome you.

The Master takes you into the Ascension Chamber of Saint Germain. As you enter the chamber you observe that the room made completely of Amethyst. At the center of the room is an altar with Saint Germain seated there. You bow in front of Him and He welcomes you. He is holding an Amethyst laser wand. St Germain first scans your energy system..... he puts the wand aside and gently touches your third eye.... your heart and your hands. With each touch you feel an increase of your energy.

Master St Germain tells you that you are now ready to become a carrier of the Cosmic Diamond Violet Flame. He asks you if you are prepared to use the Flame for the highest good of the planet and of the entire Creation. Say 'yes' if this is your wish.....

As you agree, Archangel Zadkiel walks in and brings the Cosmic Diamond Violet Flame on a violet velvet cushion . He stands in front

of you. Master Saint Germain asks you to hold out your right hand with your palm facing up ... He touches your hand with his hands and strokes over it. You sense a download of energy throughout your body. He takes the Cosmic Diamond Violet Flame from the velvet cushion and places it in the palm of your hand. You sense the Flame vibrating in your right hand. He also places a symbol into your aura designating you as the carrier of the Flame. At this point Master St Germain raises his hands and blesses you, and so does Archangel Zadkiel ... they welcome you into the circle of the Cosmic Diamond Violet Fire and thank you for your service to the Divine. You bow and thank them too.

It is time to return. You leave the temple ... down the steps Along the path ... through the meadow and your Guardian Angel and your spiritual guides bring you back to your room. You become aware of your body. You feel your thick and strong roots You feel aligned with the Divine and protected by Archangel Michael. Thank your guardian angel and your spiritual guides. Stretch and open your eyes. As you do so you feel the vibration of the beautiful Violet flame and a knowingness to share it with humanity and all its kingdoms !!

Namaste

Contributed by Arianna, from Palombara, Italy

