



The
diana cooper
FOUNDATION

empowering people to spread the light of angels, ascension and the sacred mysteries of the universe

Full Moon Meditation for the Festival of Wesak

Monday 4th May 2015 LONDON – 04:42 British Summer Time

He who faces the light and stands within its radiance is blinded to the issues of the world of men; he passes on the Lighted Way to the great Centre of Absorption. But he who feels the urge to pass that way, yet loves his brother on the darkened path, revolves upon the pedestal of light and turns to face the dark, he transmits streaming light upon the faces of those upon the darkened way so they may receive the light. *ABB Discipleship in the New Age Vol II*

Purpose:

The Festival of Wesak is a period of sacred and solemn ritual where the distribution of God light streams through The Hierarchy to man.

The Festival of Wesak is the most important and sacred of the three major festivals. It is the time when humanity receives the most potent level of light. The full moon functions like a window or magnifying glass for the intensification and downpouring of cosmic consciousness. It is linked with the first festival of the Christ which is the preparation for Wesak. In the Easter festival we celebrate and open our hearts to the love aspect of God through the Christ principal and Christ consciousness. The festival of the Buddha, Wesak, is the perfect expression of the Wisdom aspect of God; the embodiment of light and divine purpose. The coming together of the Buddha and Christ demonstrates the union, meeting and solidarity of East and West.

The entire event is overlit by Lord Melchizedek, the Eternal Lord of Light, along with Lord Maitreya the Planetary Christ; Sai Baba the Cosmic Christ; The Manu, Allah Gobi; the Lord of Arcturus; the Lord of Sirius; Sanat Kumara; Sananda; Lord Buddha; Archangel Metatron and Saint Germain, as well as many other great Masters.

It is important to prepare for this event as follows:

Use the Great Invocation, link up with all others of goodwill throughout the world. Eliminate all negativity and stand in the Forces of Light. Meditate with the sole purpose to relinquish your individuality; be one with all and recognise the Divine nature of humanity (build a channel of light [the Rainbow Bridge] through which spiritual light can flow into human consciousness). Use the meditation two days before (Days of Preparation where we align with our Soul; these are days of renunciation and detachment) and two days after the full moon (Days of Distribution). On the day preceding the full moon, plus the day of the full moon, please try if possible to meditate four times each day, sunrise, noon, five pm, and sunset (this will power and further charge the amount of light being channelled).

We are acting as silent channels for God and The Hierarchy. Full moon work can power a united whole, working with selflessness for the good of the planet and humanity. Full moon work expands our hearts and helps us to break down barriers that separate us from one another.

Visualisation/Meditation:

Sitting comfortably... Relax and centre yourself in your heart... Take your focus to your breath... Now ground yourself by growing strong gold roots deep into the Earth, where they connect to the leylines and power you down deep into the heart of Lady Gaia. She holds you steadfast and strong, as you feel yourself becoming deeply grounded and securely anchored. Pause...

You then attune to the Universe by looking above, as a pure white ray of light descends down through the heavens, down through your higher chakras, down through your crown and deep into your heart. Then a Gold ray of light is brought down and you feel this flow down into your heart. And finally a Golden White ray of light streams down through your energy centres into your heart... Allow these energies to expand through all of your bodies until you are illuminated with the divine light of God. Pause...

A white robe is placed upon you... You pull the hood of the robe over your head... You are aware of feeling serenity, and peace as it is draped around you... Next you are placed into a sphere of pure pink unconditional love... And then a ray of amethyst light descends and you are held safe within its central core...

We now invoke you into the presence of the higher beings of light: *Lord Maitreya*, head of the spiritual hierarchy; the planetary Christ ... *Sanat Kumara* with his Rod of Initiation ... *the Manu*, *Allah Gobi*... *Lord Buddha* ... *Saint Germain* the Mahachohan ... *the Chohans of the Rays* ... the *Masters* ... and the *Angels*...

Now take a moment, whilst you settle into the presence of these mighty beings of light... Release your individuality... Be one with all in the light....

You find yourself at a high altitude in the foothills of the Himalayas, in the Wesak Valley. The valley is large and oval shaped, rocky with high mountains on either side. All the disciples and initiates on Earth have been invited to attend this ceremony, and you stand amongst them... Stillness settles upon the crowd as the full moon rises. The people face the Northeast, towards a narrow, bottle-necked passage. Just before this passage stands an immense rock rising out of the floor of the valley, resembling that of a table. On the top of the rock is a great crystal bowl full of water where the three great lords stand in triangular formation in front of the bowl: Lord Maitreya at the apex, the Manu, Lord of Living Forms Allah Gobi to the right, and the Mahachohan, Lord of Civilisation that is Saint Germain on the left.

The waiting crowd are in constant movement, and you feel yourself swaying with them... There is lyrical chanting as the crowd moves and forms great and familiar symbols – the Cross, the five pointed star, the Om... You feel yourself slowly moving with the people, in and out of these rhythmic shapes.

The chanting and rhythmic weaving grow stronger as the full moon reaches its zenith... and the three figures, stood in the triangular form, open their arms UP towards the heavens and the crowd freezes to stillness...

Expectancy, readiness and excitement fill the air, as in the far distance a speck can be seen in the sky. It becomes clearer as it comes closer and it enters the valley. The figure of Lord Buddha is discerned slowly approaching the giant rock, seated in the cross legged Buddha position... You become aware of the unity and of the Plan to which the Buddha, the Christ, and

the Masters are eternally dedicated... You find you can interpret the harmony of all manifestation... that all existence, the material world, the spiritual realm, the aspiring disciple, the evolving animal, vegetable and mineral kingdoms constitute one Divine living whole, which is the glory of God...

Clad in his saffron coloured robe, bathed in light and colour, the Buddha comes forth with his arms extended in a blessing to all. He takes his place hovering above the crystal bowl of water. A great mystical mantra is sounded by the Lord Maitreya and the entire crowd fall to their knees... A massive downpouring of cosmic energy, the force of enlightenment emanating from the heart of God... begins to descend ...and then transcends through Buddha... to the Christ... to the Crystal bowl... pause ...

Once completed, Buddha slowly rises; then drifts back to the Northeast through the passage . . . until he disappears... You notice that the water in the bowl is now being distributed in portions to the Masters, initiates and disciples, who then in service share with others... You find yourself near to one of these beings of love... and as you take your cup of water, you reaffirm your vow of commitment: to be of service as a channel for the dissemination of Divine spiritual energy; the Holy Spirit...

Enormous special blessings pour forth as you drink... and you are filled with a sense of renewed strength for the coming year of world service... inner silence... introspective thought... self-control... meditation... self forgetfulness and attentiveness to opportunity... [pause...] You take in the surroundings and reside in serene bliss.

Then your awareness is brought to the people around you, who you now converse with... pause...

And as the crowd begins to disperse... you instinctively know it is time for you also to return. So you bring your awareness to your breath and find yourself back in the place where you started ... remaining quiet with your eyes closed.

You ask your guardian angel to slowly bring in your aura to a size that is perfect for you, for it has been greatly expanded... Ask them to realign your chakras to a size that is perfect for you, placing a symbol of protection upon them... You slowly grow your gold roots deep into the Earth once more, where Mother Earth and Pan gently take hold of them and anchor you deeply into the core of the planet... Archangel Michael now stands before you, offering his deep blue cloak of protection, his shield of light and his sword of truth. You are then placed into the centre of a Magenta sphere of protective light...

And now, you most humbly and graciously thank ALL the beings of light for the privilege of this experience... Om shanti, shanti, shanti.

Bring your awareness to your breath, wiggle your fingers and toes, and when you open your eyes you will be wide awake and completely refreshed... so open your eyes...

Namaste...

Please ensure that you are completely grounded. Do more grounding if necessary; go outside into nature, take a bath, eat!

Andrea Williams - Devon and Cheshire, UK

Discerned from the teachings of Master Djwhal Khul through Alice A Bailey