



## Full Moon Meditation for 22<sup>nd</sup> February 2016

### STAND IN THE LIGHT OF THE ARCHANGELS AND BEHOLD THE MAGNIFICENCE OF THE DIVINE

We journey with the Higher Archangels to connect us to the Wisdom of the Divine.

Sitting comfortably with no distractions, take deep breaths... Focus on inhaling unconditional love and breathing out deep inner peace... Now centre yourself in the very core of your heart – in a rose-golden chamber that is your Divine Nature... Be in heavenly serenity...

Take your awareness to the soles of your feet and allow your golden roots to burst forth into the earth... They delve down to the never ending centre which is Hollow Earth... Lady Gaia takes your golden roots and anchors them into the Earth's well of loving molten lava... Here you are held and guarded within the love of Mother Earth.

A golden white ray of light cascades down from the Heavens and you are imbued in sublime bliss... You are placed into perfect balance... Doves descend and place Christ's Light around you in the purest protection.

Slowly, Archangels step forth into your space... one by one they appear... each of The Divine Feminine Twin Flames... The Universal Angel Mary, Archangels Hope and Aurora, Archangels Charity and Faith, Christine and Mallory, Archangels Amethyst and Lavender and Archangels Joules, Gersisa, and Justine. Please wait and allow their energies to settle...

Archangel Justine steps forward; she informs you that *'the Solar Logos is stepping down through the planet Jupiter to bring growth and expansion to all souls so they may reach new horizons. This is a time for great upliftment and progress. Each planet is a conductor for Gods energies for mankind. Jupiter is the aspect for beneficent magic. Here spiritual transformation is initiated.* You are being invited to journey with Archangel Justine to the Planet Jupiter to the Palace of Joy and Opulence to bring about the evolutionary will of your Soul.

So take a breath... and on the out breath, feel Justine's arms and wings about you as you soar up and out into the Cosmos .... travelling higher and higher.... You zoom past the stars ... the brilliance of their light casting showers and trails of glittering stardust... You journey higher still when Archangel Justine points to a golden globe of light... This is the planet Jupiter... It becomes brighter and more iridescent as you fly closer... A huge luminescent sphere, radiating joy and elation... The feelings intensify as you voyage closer... The light is so bright you cannot see, as all is golden bliss...

And then you find yourself with Archangel Justine, inside the Palace of Joy and Opulence... Take a moment to look around...

You are guided to an altar... (*longer pause*) Many beings of light now stand around you... You know you are quite safe... Among the beings of light are the Archangel Twin Flames... All their warm and loving energies extend and touch your heart...

You are asked to light a candle... This candle represents the close of the Piscean Age... Solemnly do so... All the Beings of light majestically bow... A rainbow of love arcs from the candle ...

You are now asked to light a candle for the evolution of the Aquarian Age... Please do so now... See the energies of the World becoming balanced, the Feminine energies subduing and harmonising the masculine energies until perfect equilibrium is realized... *(pause)*

All nations at peace with each other... all the people happy... all animals and nature acknowledged, and respected.

Your awareness is brought back to the altar as one of the Archangels steps forward, and it is Archangel Purlimiek with the Nature Spirits... They now surround you... They offer you a gift ... which you accept and hold... They speak softly to you, 'This gift is to be used to anchor the new energies of Soul transformation into your being; use the gift when meditating'.

You are then asked to light a yellow candle... As you do so... Archangel Purlimiek waves her arms and Sylphs of the Air emerge... You hear soft chimes and bells... a gentle breeze blows across your body... Feathers fall about you... Upon each one there is a message, for you... Please read the message/s and place one of the feathers into your pocket... The sylphs write a gold-dust message upon the air, 'This is now the time to meditate... Clear your mind and be filled with inspiration'...

You look back to the altar, where there is now a golden oil lamp... You are asked to light it... You stare at the warm, glowing, orange and ruby dancing flame, entranced by the different shapes it is forming... The flame becomes bigger and brighter... It now takes on one form and this is a fire Salamander who ignites the fire of your Soul... initiating the drive and action for new beginnings, opening new doors of opportunity... The Salamander invites you to summon their aid to spark new ideas and cleanse away all clutter and debris from your life...

Archangel Joules now attracts your focus as she steps forward ... and asks you to light a blue candle... You see yourself as a Mermaid on a rock, surrounded by water ... looking into a decorated mirror of shells, pearls and seaweed... Archangel Joules asks you to look into the azure-blue water... and pour all your hurts and burdens into the water... This is the sea of tranquillity and holy love... a sea that relinquishes all that does not serve your soul's purpose... Gladly and lovingly you release all unwanted emotions into the water... Once done you look into the ornamented shell mirror... You see You ... as a successful, happy, soul... You hear your voice saying "I look amazing, I am so unique, my purpose is my own wonderful task, thank you"...

You bring your awareness back to the altar where all The Divine Feminine Twin Flames have now stepped forth to enfold you... Universal Angel Mary, Archangels Hope and Aurora, Charity and Faith, Christine and Mallory, Amethyst and Lavender, Gersisa, Joules and Justine... You hear soft whispers of 'Bless Everything in your Path, Be Mindful of your Thoughts and Spoken Words, Be Kind to All and Everything'...

You are showered with blessings and graces to go forth and do your souls purpose; bringing about the evolutionary will of your Soul. Grow and expand so you can reach new horizons. Be uplifted and progress. Transform your thoughts to positive kindness to all. Meditate and, Connect to the wisdom and energies of the Divine; this WILL help redress the energies of the earth, bringing perfect balance and HARMONY for all.

So it is now time to thank all these beneficent Beings of Light... Call upon them whenever you need to... Use their gifts and wisdom... *(pause)*...

But for now ... take Archangel Justine's hands. She embraces you with Divine love and wraps her protective wings around you ... as you are held safely... and soar out and downward through the Cosmos heading for home...

You gently descend through the layers of the subtle and causal bodies, gently bringing your body back into the physical... You gradually become conscious of being in your own space. So grow your golden roots down and connect with Mother Earth... Allow her to ground you securely and safely. Feel her earthly energies rise up through your feet into your body and nestle into your heart and anchor in your solar plexus. Justine returns your aura to its correct size and now steps back... leaving your guardian angel in her place... She bids farewell but asks you to please, remember... Call upon the angels as often as you need... They are here in service to your soul through the Will of God.

Namaste...

Andrea Williams  
Master Teacher, East Devon and Cheshire

*This meditation is available in an audio format; please click on the audio link on the Foundation website.*