



The  
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FOUNDATION

empowering people to spread the light of angels, ascension and the sacred mysteries of the universe

## Full moon meditation for 27<sup>th</sup> October 2015

### Healing the 'Way Showers' of the Golden Age

- Take a few deep breaths and calm and centre yourselves. Breathe in Golden Light and gently breathe out the same Golden Light. Feel every cell of your body and aura suffused with this divine energy.
- Visualise strong golden roots growing from your feet, going deep into the earth and entwining around a Master Crystal in the Earth's centre. This is the beautiful heart of the Throne of our planet, Lady Gaia. Draw in the grounding energies into your body through your feet and feel it moving upwards to Source.
- Draw down the pure white light of Source and feel your physical heart completely connected to the Heart of Lady Gaia and the Cosmic Heart.
- Ask Archangel Michael to protect you with his royal blue cloak of light.
- And now invoke Lady Gaia, our beloved Archangels, Angels, Ascended Masters, Guardian Angels, Angel Dolphins, Unicorns, Dragons and all the Beings of Light to please assist us in healing the children of the world who are the Way Showers of the Golden Age.
- See your Guardian Angel gently take you by your hand, leading from the place you are seated. You find yourself in a lush green meadow amidst aromatic flowers and herbs.
- Your personal unicorn walks up to you and purifies your chakras by touching your forehead with his etheric horn. He then invites you to journey with him to a Temple of Light in the inner planes. You accept the loving invitation, climb easily onto its back and you feel yourself being transported to a realm of light.
- Right in front of you is a pure white Temple in the shape of a pyramid. You notice that thousands of Lightworkers from all over the world are there, standing in parallel lines at the entrance of the pyramid. You quietly join them feeling that something important is about to happen.
- Every single child on planet earth is brought here by his or her Guardian Angel. You and the other Lightworkers shower them with flowers as they silently enter the Temple. Many appear extremely sad. After the last child goes in, you and the other Lightworkers are invited in and asked to form a circle around them.
- Mighty Beings of Light are present in the Temple which is now filled with celestial healing music. Listen to it for a moment.
  - 1) Lady Gaia welcomes the children and says "Thank you courageous ones for choosing to take birth on earth at this time. I love each and every one of you". As Lightworkers, send out unconditional love to the children.

- 2) Archangel Michael tells them: “Dear Children, I am here to assist you in removing the clutter from your mind and heart and preparing you for your divine mission on Earth”. Support Archangel Michael by sending the attributes of courage and wisdom to the children.
  - 3) Enfolding the children in his healing, emerald-green light, Archangel Raphael says: “I send waves of healing energy to heal your physical, emotional, mental and etheric bodies. You are now whole and complete”. In your mind see all the children totally healed, especially those in Africa.
  - 4) Archangel Gabriel further purifies the children with pure white light and tells them “I am here to help you think loving and creative thoughts and act in ways which are for your good and the highest good of all.” Support the blessing by seeing all negative thoughts and emotions transmuted to the light.
  - 5) Archangel Uriel then blesses the children with the words “I bless you with the Peace that passeth all understanding”. See the children as joyful and happy and ready to take on their role as torchbearers, leading the planet into the Golden Age.
  - 6) In a soft and gentle voice, Mother Mary smilingly tells the children to love and respect all sentient beings. She says: “Feel a sense of Oneness with all other human beings, plants, animals, sea creatures, birds, crystals, rocks, for everyone and everything on planet earth is sacred.” Bless the children with this feeling of Oneness.
  - 7) Finally the awesome Unicorns come forward and promise the children: “Call us to assist you whenever you wish. We are only a thought away as are all the other Beings of Light”. See the glowing faces of the children and bless them with the wisdom to call upon the Unicorns for assistance.
- The children joyfully leave the pyramid and just as you are about to do the same, the Beings of Light step forward to thank you and bless you for assisting them in this powerful healing.
  - You climb onto the back of your personal unicorn and return to the meadow where your Guardian Angel is waiting for you. You are gradually brought back to the room and with a beautiful smile on your lips and joy in your heart, feeling grounded, attuned and protected, gradually open your eyes.

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