

Full Moon Wednesday 23rd March 2016 EASTER FULL MOON MEDITATION

At the Easter full moon, all souls who meditate are joined by the holy light beings of ALL religions... They use our energy - the Christ universal essence within each person's heart, as a lamp for humanity and planetary ascension. We are a lens whose purpose is to project and illumine the way for all others. We stand in alignment with Shamballa to radiate the Rays and Energies of Enlightenment for one common endeavour; to awaken the hearts of all souls.

It has been brought forth that to work with the meditations two days before the full moon and two days after intensifies the effect a thousand fold. Please heed this message.

(References to Christ are relative to the Cosmic Christ Energy and not as that solely of the Christian tradition)

So sitting comfortably with no distractions, breathe deeply... into the centre of your heart... Become one with your true self.... And just be....

Empower your channelling by grounding yourself with your roots deeply into the heart of Hollow Earth, where Lady Gaia awaits you. She takes hold of you and anchors you securely... You feel her grounded love travel up your roots and into your solar plexus where it is firmly anchored.

Doves descend with a cloak made out of the Christ Light, and drape it around you.... Seraphim cast a ball of cosmic light around your space, and the Elohim Dragons circle your home warding away all unwanted energies...

A golden white ray of light descends directly from The Divine... It pours down through your higher chakras and into your mind... Illumination pours forth... down into your heart, where you are filled with the purest love.... This then cascades through all of your subtle bodies... and your vibration is lifted to the 7th Dimension...

We now invoke all the mighty beings of light who wish to work with us at this most auspicious time... (Pause for their energies to settle)

Your Ascension Angels are by your side.... They hold your light, and wrap you up, as they take you gently but firmly... and you ascend, up, up into the universe and out into the cosmos.... (pause)...

You are bathed in the most beautiful aquamarine blue...

And then behold.... the temple of Mother Mary... The palest hues of blue fade in and across the scene You are warmly invited to enter...

Entering the temple you see a pure, beautiful light emanating from one corner of the temple... Go towards it... As you approach it, you see a magnificently carved arched door, and it opens... It reveals pure white Source light... You step through and into a most wondrous, tranquil garden... The serenity is palpable and breathtaking... You are overcome with the profoundest love and deepest peace ...

You see in the centre ... Mary, the Universal Angel, who is all forms of Mary... The kindest and most pure... The most loving and selfless being, sat amidst a circle of children... You are invited to join the circle, and as your inner child, you tumble into the ring of happiness ...

You are filled with profound joy and bliss... Laughter and love pervades the air that you breathe and drink in... Mary calls to small animals... and you are joined by the animals... All are in perfect delight as you play together... Harmony and rapture emanate in bubbles of love and light that drift up into the clouds, and shower as graces upon humanity and the planet ...

Mary asks you all to look into the flowers and there each of you find a candle... You are asked to light this with the purest and most innocent of love, that comes from the deepest golden chamber within your true heart... As the flames are lit one by one... the world... below... illuminates.... and pure love enters the hearts and minds of all mankind... (pause)...

You are then asked to pick up dandelion docks... and you blow them into the air... All of these fall as light... and wisdom... into the consciousness of humanity... (pause)

You are all asked to stand, and Mary holds your hands in a ring.... You all become reverently quiet... This scene melts and humbles all who watch....

Each pure innocent mind and heart becomes One...

One consciousness, emanating peace... hope... positivity... enthusiasm... empowerment... love and light.... Unified to create the Lamp of Humanity... Each child and animal radiates the Christ Light and God's love... and showers it upon humanity and the World... to awaken the minds and hearts and souls of everyone, and everything, everywhere....

The Light of Love and Compassion holds forth, as around the ring of pure and innocent, the Spirit of Peace, Buddha and the Christ stand forth... They hold and magnify this purest of love...

And then the The Elohim and Seraphim take up the love, up into the Universe.... and cast it around the World and into the Cosmos.... Goodwill and Right Human Relations pour forth onto the Seven Rays and the Music of the Spheres, igniting the sparks of consciousness within all sentient beings...

Pause....

Mary brings your attention back to the ring.... She holds the hearts and minds of you all in the circle... She gently squeezes the hands and the circle is released... The animals and children fall about giggling and laughing... They play together ... and a single ray of the sun pours down holding this scene of delight and joyfulness...

The mighty beings now step back, still watching... They are smiling and bowing....

Mary asks you to radiate your light and love to Be a beacon for all... Turn and shine your light to show others the way... Guide others in the aspects that you have mastered...

This is now the time to move forward... It is now the time to take action...

Be good at being You... Keep on being kind... Keep on being the best human being you can be...

You notice your Ascension Angels are by your side... You understand it is time to go... But remember you can return to this meditation; use it whenever you wish... As many times as you desire to, forever.... Mary is always waiting.... The Higher Beings are always ready... Make good use of your life opportunity....

So safe within the arms and wings of your Angels, you wave goodbye and send your thanks to all the beautiful beings of light.... And you gently but safely descend... Slowly and gently... Coming down through the stars and the sky.... Slowly returning to the fourth dimension... Slowly returning to your home and your chair....

Your Angels bring in your aura, and place you into the centre of a flower, where all the petals fold about you keeping you safe and protected. You ground yourself deeply into Lady Gaia's embrace, and feel her warm, earthy energies wrapping around you, anchoring into your solar plexus and your heart....

Thank once again all these magnificent, benevolent beings of love for their assistance and presence...

Now open your eyes and feel how alive you are!

Namaste Andrea Williams Master Teacher, East Devon and Cheshire