



## Full Moon Meditation- 12th January 2017

*A beautiful journey created by Leslie Ayre to the Ashram of Lord Serapis Bey, to receive gifts of Purification and Enlightenment.*

During the day of the full moon: Use the day as a part of a walking meditation.

As the sun moves through the sky, constantly breathe in the power of the Great Central Sun. Feel the Adamantine sparkles fill your body with God's Light and walk the day in your power.

When you are ready to meditate try and place yourself where you can see the moon or just visualize the full moon. Sit comfortably.... Close your eyes and breathe in deeply. Take a few slightly deeper breaths.... relaxing and letting go with each breath. And as you feel completely relaxed breathe in the love and light of the moon..... and send love back to her.

Gently take your awareness to below your feet. See thick, golden roots growing from below your feet and going deep into the centre of Mother Earth where they wind themselves around a magnificent white crystal. Send mother earth love down through your earth star chakra ...down through your golden roots in beams of light.....

Breathe in Mother Earth's love and feel it fill your heart... spilling over her love into your entire body and aura. For a moment feel your gratitude for the life you have.....

Look at the sky and feel the wonder flood you.... become aware of the response from Source as the light pours down through your higher chakras flooding your heart and filling your body and aura. You are aware of the completeness of Source and the Divine Mother Earth .....

Call on the Golden Dragons of divine fire to surround you with sacred fire burning and clearing all that is not for your higher good.

Now invoke Archangel Michael to surround you with the Sacred Blue Flame of Gods' Will.... feel it surround you as a living cloak filling you with divine clarity and protecting you.

Call on Archangel Metatron to surround you in his Merkaba of light (a Golden star tetrahedron of light filled with His wisdom and protection) .... Ask that you may travel in this.

Take a moment to breathe in Mother Moon's light .....and feel you self-becoming filled with the brilliant light of the Divine Mother.... See your body become crystalline and bright.....

Invoke that you may travel to the Ashram of Master Serapis Bey. (the Chohan of the 4th Sacred Ray)

Know you will travel safely to the Ashram above Luxor in Archangel Metatron's Merkaba.

As you speed through space, it gives you time to open your heart.... allow the light within the Merkaba to purify and saturate you.... and as you do so your chakras are cleansed, spinning perfectly and are whole and complete.

Allow yourself to be saturated with divine light... you are reborn.... you are free from all thoughts.... the only emotion you feel is joy.....

You are ready to arrive at the Sacred Temple of Purification and Enlightenment.....

With eyes of wonder you see a magnificent temple of shining white crystal, within which all the colours that ever were, are being reflected ... spangled.....shining .... breathtaking....

You enter a huge portal of light and wherever you look you see soft colours shimmering in white crystal....

In front of you, two crystalline shapes appear, glimmering and vibrating in the sound of the sweetest song you have ever heard.... Soft musical sounds enter your ears and you know you are in the presence of Archangel Gabriel and Archeia Hope.

The Light of Archeia Hope surrounds you and the understanding of the word Hope infuses you....

It is not hope as we know it, surrounded by fear.... Rather it is the knowing of enlightenment ....

Allow Her to further show you ways towards your own knowing ..... Your own waking hope....

Allow Her vibration to fill you.....

Now turn to the splendor of Archangel Gabriel ..... The purity, the wonder of your own self flows through you..... The understanding of how to Love God .... To Love your own Self.....

Allow His vibration to fill you..... You are filled with the Archangels Love and beautiful sound .....

Now filled with Divine sound and light, unseen hands gently and lovingly turn you towards a passage filled with diamond light.... As you dreamily walk down this passage, the light from the diamond encrusted walls fills your aura and your breath is infused with this purity. Breathe in clarity.....purity.....decisiveness .....

The tunnel opens into a hall and in front of you is a flame of such splendor and power that its intensity draws you closer ..... A figure with most penetrating blue eyes steps forward. You instantly know that he is the Mighty Lord Serapis Bey..... He holds out his arms and you are enfolded in such love ..... His love has understanding .... he knows everything about you..... You are so lovable..... And His gift to you is .....recognising who you truly are.....

For as long as you need allow yourself to see all the loving kind things you have done to flow through you. See and feel the gratitude you have received for your kind deeds.

Allow yourself to Love who you really are.....

As you look once more into his blue of eyes .....the second gift is to see and remember all the kindness and love you have been given... The giving that was unconditional... For as long as is needed allow the gratitude to fill you.... Allow the love that has been given to you, once more be remembered.....

Now you are ready for the third gift... Lord Serapis Bey enfolds you in the Ascension Flame, a part of the mighty fourth sacred flame. .... Stand in this flame of awakening and enlightenment and feel the veils slowly dissolving.... Allow the understanding of who you are permeate through you .....The greatness of who you ... Your own divine path .... Your way to serve.....

Slowly when you are ready, smile your gratitude towards the light of Lord Serapis Bey and allow the gentle hands to guide you back down the passage of diamond light. You are floating .....gliding.....you are so full of light. Once more you become aware of the star tetrahedron surrounding you as you intend to return to your own sacred space... Allow yourself to gently come back to your physical temple.....and as you do so the light you have brought back flows down through your feet.... Through your earth star chakra into Lady Gaia's heart

Feel the Love of Archangel Gabriel surrounds you.... you are safe.... Feel the true understanding of Archeia Hope's enfolding love you, you are protected.... You know

that you are being surrounded by a diamond of love from Lord Serapis Bey's heart .... And you are never alone....

With this awareness open your eyes. Send gratitude and love to all those mighty celestial beings who have been with you during this journey.

Namaste

*Lesle Ayre*