



The
diana cooper
F O U N D A T I O N

empowering people to spread the light of angels, ascension and the sacred mysteries of the universe

**Full Moon Meditation -26th August 2018
A Journey to Fairyland**

In this beautiful visualization Sahar, Germany takes us on a magical journey to dance, sing and laugh with the fairies in Fairyland.

Find a quiet place and light a candle if you wish. Close your eyes and breathe deeply.

Imagine golden roots going deep down from your feet into the center of Mother Earth so that you are deeply rooted.

Draw the love of Mother Earth up through your feet.... through all your chakras and connect with heaven. Allow the brilliant White Light from heaven to come down into your higher chakras... going down through all your chakras...your body... and filling your energy field with brilliant white light with every outbreath.

Invoke Archangel Zadkiel to cleanse you with the Cosmic Diamond Violet Flame. He cleanses all your chakras...your body... and your aura, transmuting all the energies you don't require into love and peace.

Call upon Archangel Michael to surround you with his blue cloak of protection. Know that you are completely protected.

Visualize yourself walking on a pathway together with your Guardian Angel who is holding your hand. Observe the beautiful nature around you... It is a wonderful day, the sun is shining, the temperature is pleasant and a light breeze is blowing. On either side of the path are beautiful flowers in brilliant bright colors that you have never seen before. Colorful butterflies and birds are flying through the air and you hear the twittering of the birds.

The path takes a bend and you are looking into a beautiful valley. Suddenly there is a unicorn standing in front of you on the path. He is a unique unicorn and you might already be familiar with him. He invites you to sit on his back and he flies you to the colorful valley.

As you land in the valley you observe a colorful bustle that you have never seen before. Elementals in all kind of shapes are planting vegetables and flowers. Dwarves are forming comfortable banks out of wood and moss. You hear the sound of a river from far away and you hear the giggling of the fairies, dancing joyfully under a tree on a meadow. What a beautiful colorful world! You are totally overwhelmed by this joyful, easy going and light energy that these wonderful beings are radiating in this very special valley.

You go on walking on this beautiful path. When you come closer to the river and the tree, where the fairies are dancing, they run and jump towards you welcoming you with so much love. They take you by the hand and you join them... dancing, jumping, laughing and singing together for a long, long time. Your heart is overflowing with the beautiful and joyful energy of the fairies. You are bathed in pure bliss.

For a long time, you sit with them together under the tree, until the sun goes down behind the mountains coloring the sky into a wonderful golden orange light and slowly disappears. Now the time has come to go back home and to say goodbye.

You gratefully thank the fairies for this wonderful time you were allowed to spend with them. They are showering rainbow fairy glitter over you and they give you a little present. They tell you that whenever you want to meet them again, you will be warmly welcomed.

The unicorn that brought you to the valley appears. He once again invites you to sit on its back and it takes you to the colorful path from where you started. The birds and butterflies are still there and you listen to the twittering of the birds. You get down from its back and cuddle it lovingly. And slowly it disappears in a ball of light, getting smaller and smaller, until you cannot see it anymore. Here you meet your guardian angel and He brings you safely back into your room where you started the journey.

As you come back into your body feel your feet on the ground, and your strong roots perfectly grounded in Mother Earth.

Bring this joyful, bright energy into your day and in everything you see and do.

Love and Light

Namaste

Sahar, Munich, Germany